

## Session Tips for Seniors

This is a time for you to have fun. We'll help you relax and enjoy this time to focus on capturing the essence of you!

Arrive on time so we can spend the maximum time with you in front of the camera.

Parents are always welcome to enjoy this special event with you.

Bring your friends if you like! We'll include them in some of your photos at no extra charge. We recommend that your friend *not* be a significant other. Often, it is hard to be comfortable in front of the camera with that special someone watching. Make them wait to see your gorgeous photos!



### Be who you are

Bring things that express who you are: horses, dogs, cats, musical instruments, cars, motorcycles, sports uniforms and equipment (helmets, footballs, baseballs, bats, hockey sticks, golf clubs, soccer balls), dance outfits, school jackets, friends, hats, backpacks, tools—whatever you love to do, let's capture it!

*Bob Mckain*  
BOB MCKAIN  
PHOTOGRAPHY

## Clothing

- Solid fabric is best—no stripes, plaids, or bold prints. Minimize words on your clothing except school or team names. We want to focus on your face.
- Simple styles are best for close-up portraits.
- Avoid baggy clothing—it will make you look heavier than you are.
- Long sleeves avoid drawing too much attention to the arms. Bare shoulders can make you look heavier than you are.
- Bring a variety of styles for different looks. Consider something more formal for those portraits for Mom and Dad, and something more casual for you and your friends.
- Wear shoes that match. Some of your photos will be full-length.
- Darker shades are more slimming.
- Avoid light colors similar to flesh tones. They tend to make you look unusually pale.
- Girls, if you wear white pants, be sure to wear flesh-toned underwear or it will show through.
- Please avoid bright colors such as red, orange, and pink because they tend to be overwhelming.
- The shades that work best for close-ups are medium to dark tones of green, brown, rust, wine, or blue.
- Include some black for black and white images.

Girls: Makeup matters. Consider either a fresh, natural look or an “evening” look. Not too heavy on the eye liner, and nice clean mascara with no clumps. Avoid frosted eye and lip colors. Your hands will show, too, so be sure your nails are trimmed and any polish is freshly applied. Light, natural colors work best. You may be barefoot in some of your images, so the same applies to toe nails.

Guys: A good shave is a must! Stubble retouching never looks as good as a clean shave. Be sure to trim your beard or mustache as you like it.

## Skin problems

Don't worry about skin problems. Correcting for these is included in the cost of your prints.

## Hair

Have your hair cut about one week before your photo session. Avoid brand new styles just before your session. Keep your style simple to avoid having to fuss with it a lot during the shoot. You don't want to look back in a few years and wonder, “what was I thinking?”

## Glasses

They do cause glare and distortion. While glare can be removed for an extra fee, the best option is to ask your optometrist for empty frames to wear in your portraits.

## Braces

Braces can be digitally removed for an extra charge.